



Co-funded by the
European Union

IN YOUTH FOOTBALL — 101183703

ERASMUS-SPORT-2024

Anthropometric data collection

Players name:

Country:

Assessor initials:

Assessment date (day/month/year):

Birthday (day/month/year):

Height assessment 1 (cm):

Height assessment 2 (cm):

Example: 178,1 cm

Weight assessment 1 (kg):

Weight assessment 2 (kg):

Example: 75,0 kg

Height mother (cm)*:

Height father (cm)*:

* This information is obtained from passports or identity cards.



Co-funded by the
European Union

IMPORTANT INFORMATIONS FOR DATA COLLECTION

- Ensure that players do not wear personal items, such as bracelets, rings, or watches.
- Conduct the assessment of height and weight while the players are in minimal clothing.
- When measuring height, align the Frankfort plane, which involves positioning the trasion and orbital anthropometric points properly. Refer to the figure below for guidance.

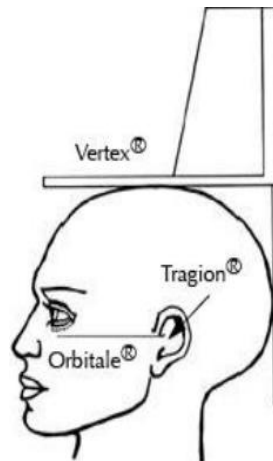


Figure 1. Alignment of Frankfort plan.